



Wellbeing Assessment Example

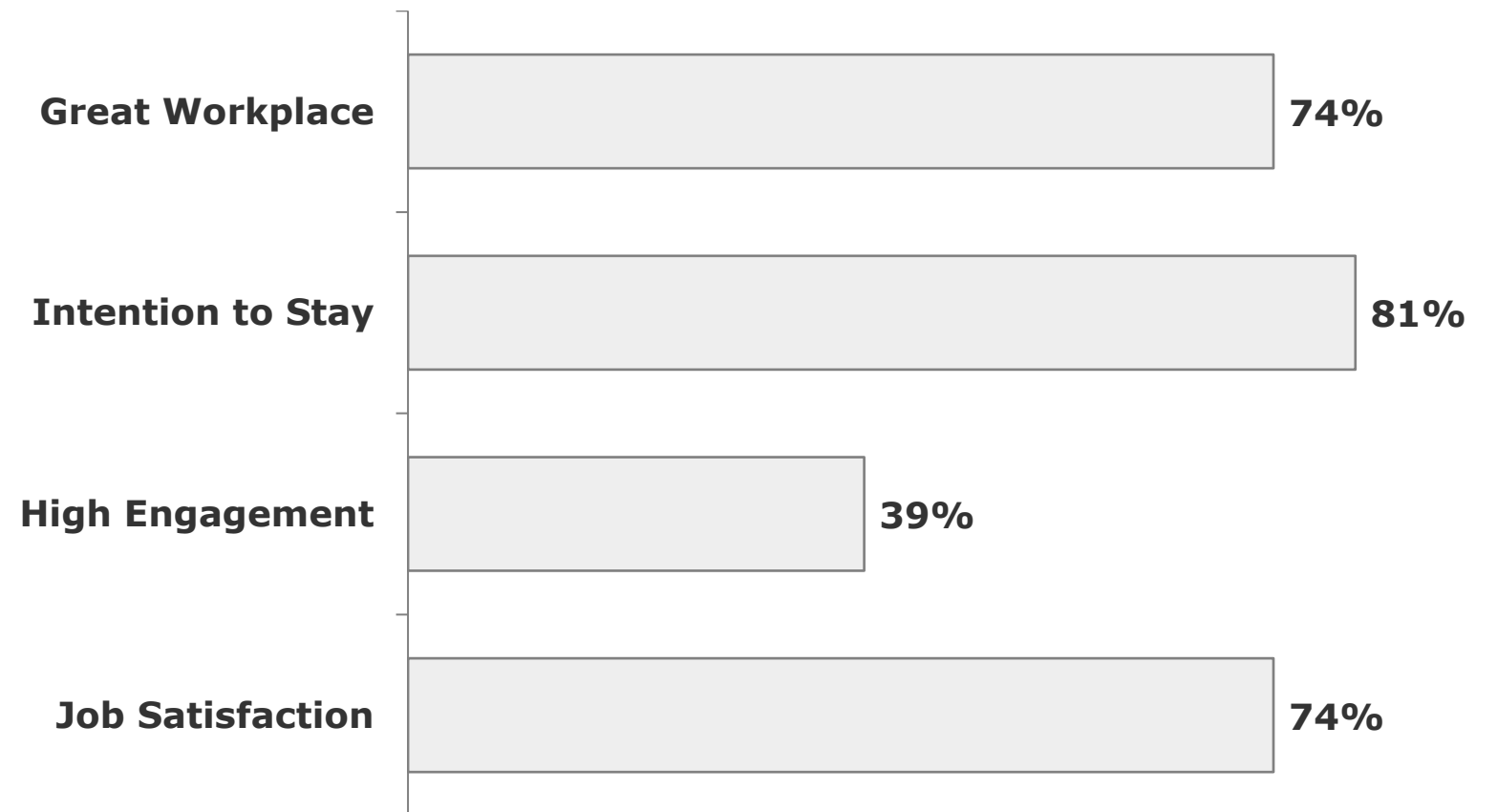
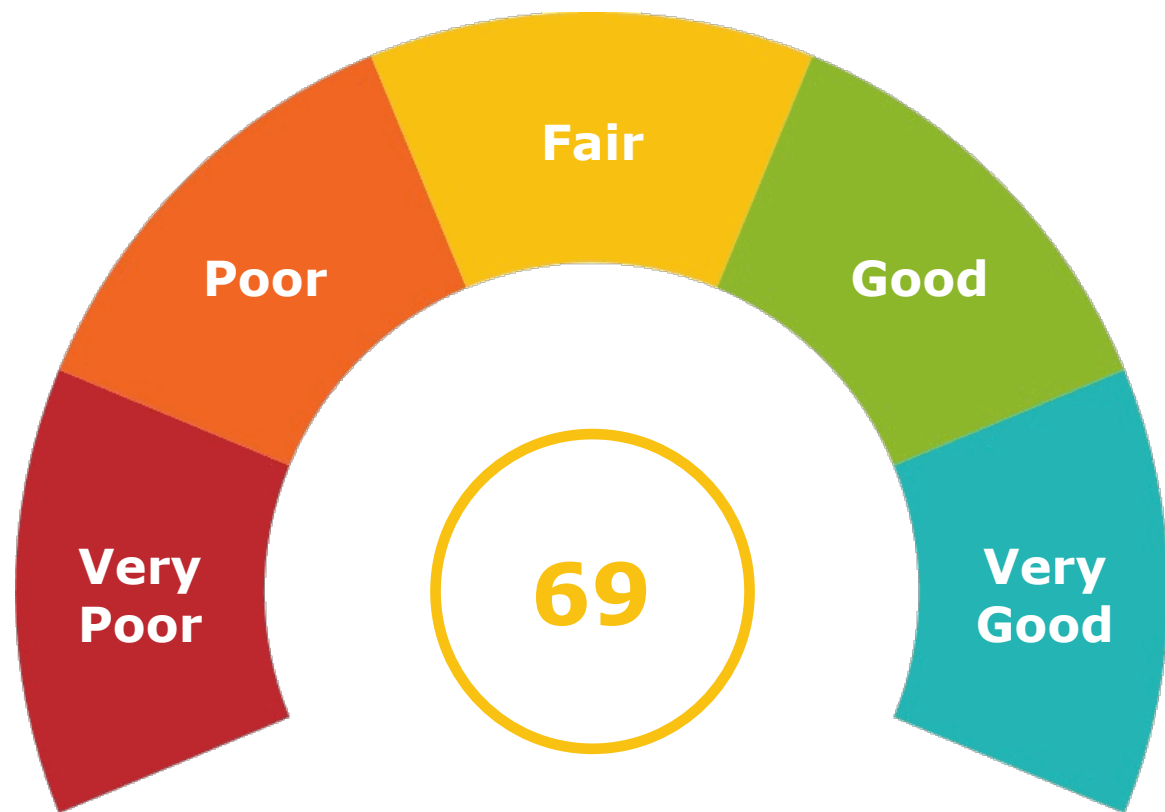
Prepared by
Barrett Values Centre

Wellbeing Score

Organisational Outcomes

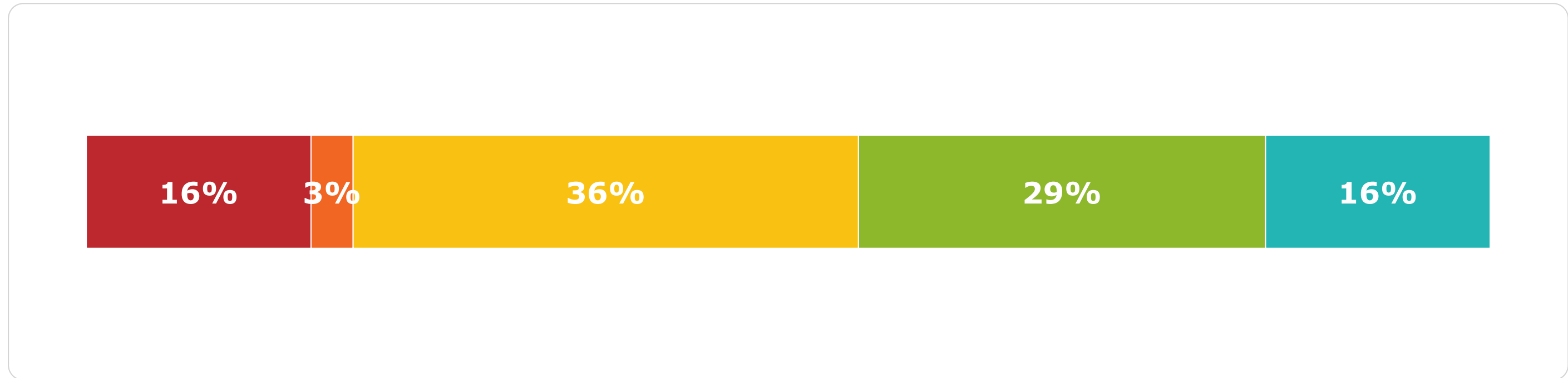
Wellbeing
31 participants

The Wellbeing Score reflects the overall average wellbeing of the members in this group. The organisational outcomes show some of the key indicators of cultural impact.



Employee Wellbeing Score Distribution

Wellbeing
31 participants



Very Poor
WB Score ≤ 45

Poor
WB Score 46-60

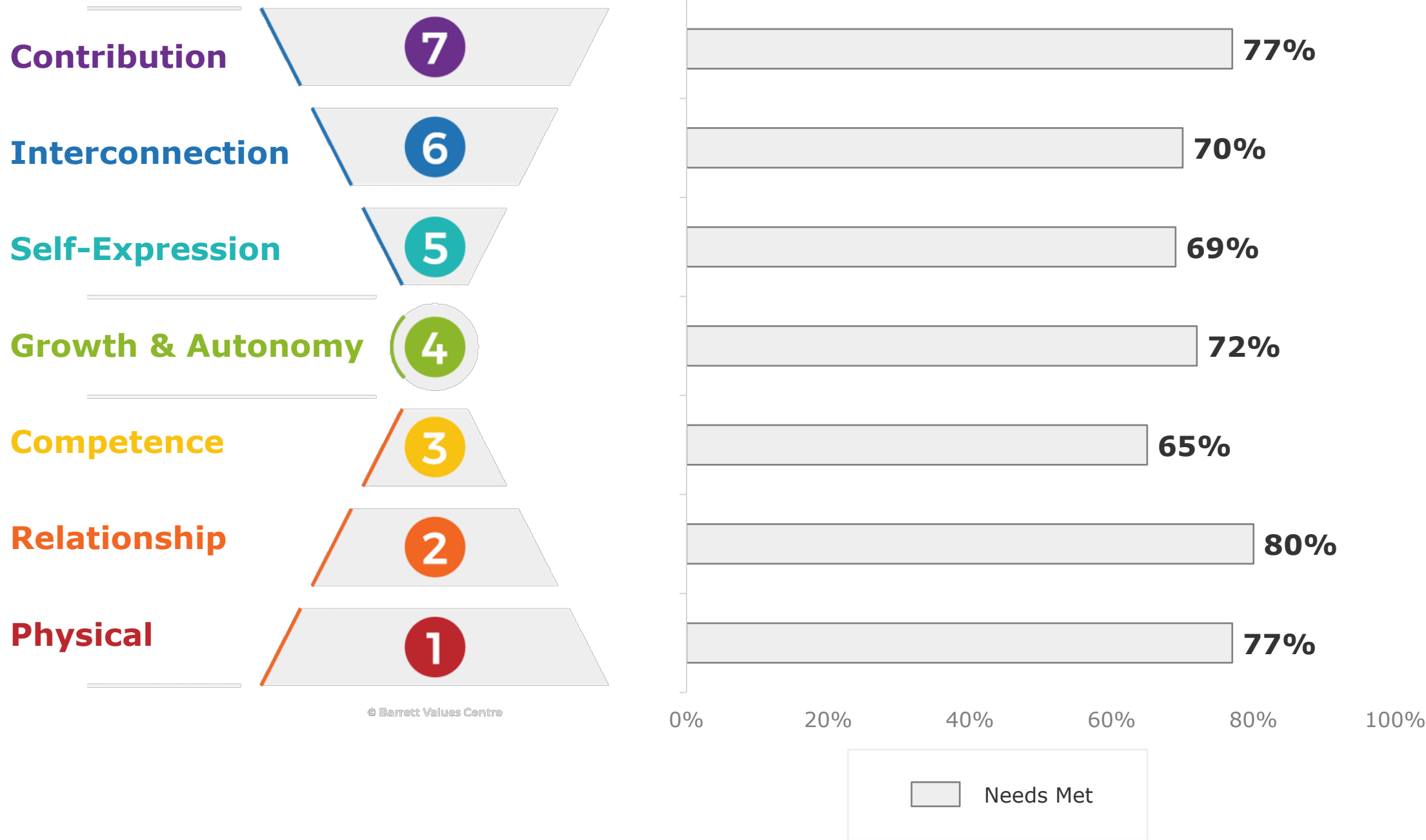
Fair
WB Score 61-75

Good
WB Score 76-85

Very Good
WB Score 86-100

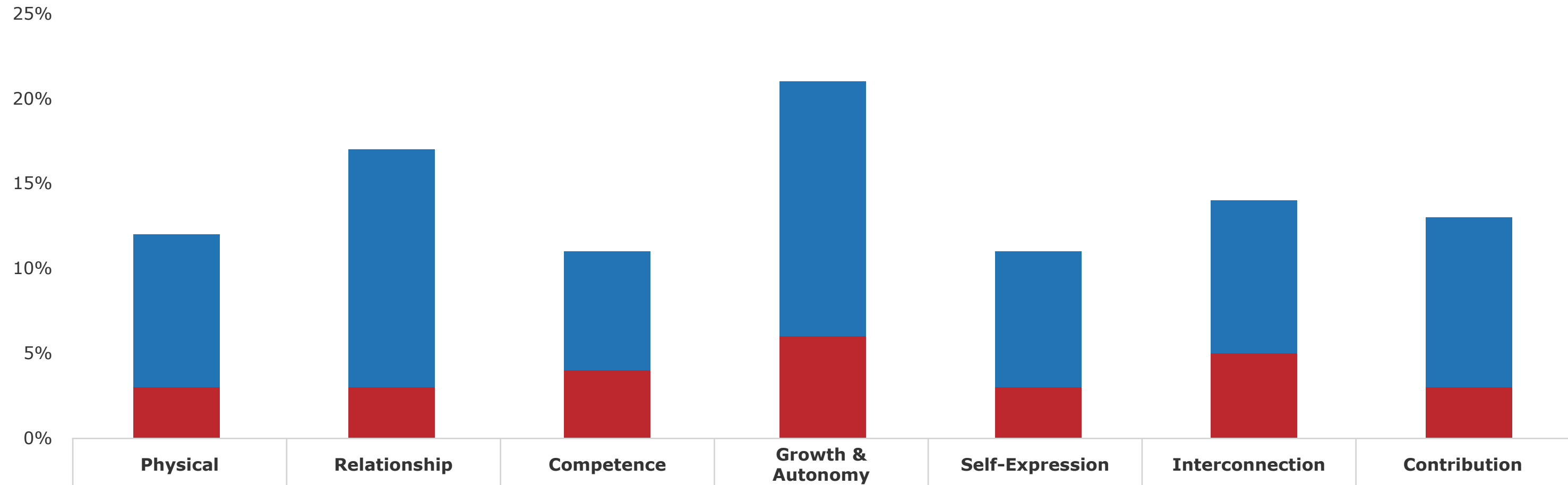
Fulfillment of Needs

Fulfillment of needs incorporates results from questions related to the work environment, experience, and requests.



Work Environment

Wellbeing
31 participants



Strengths

9%

14%

7%

15%

8%

9%

10%

Stressors

3%

3%

4%

6%

3%

5%

3%

Work Environment

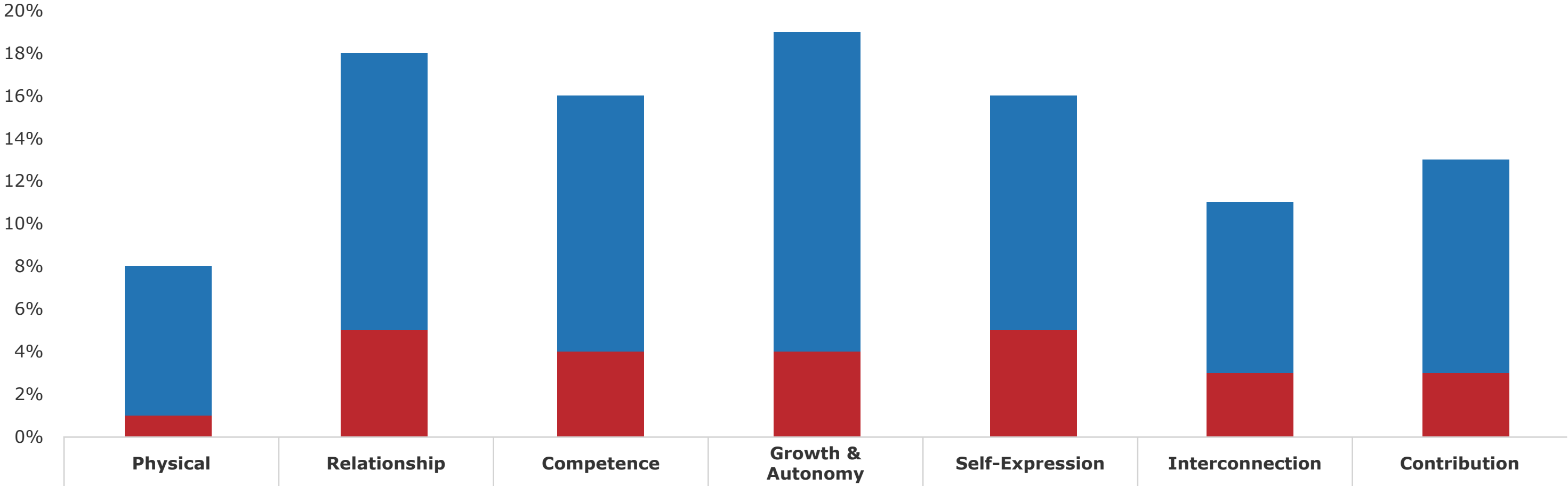
Wellbeing
31 participants

	Physical	Relationship	Competence	Growth & Autonomy	Self-Expression	Interconnection	Contribution
Strengths		positive co-worker relationships (12) supportive manager (11)		autonomy (15)	passion & enthusiasm (10)	sense of belonging (10)	
Stressors	lack of resources (5)		lack of feedback (6)	high work pressure (9) micro-management (6)		lack of cohesion (6)	

Note: Numbers in parentheses indicate the number of votes received

Employee Experience

Wellbeing
31 participants



	Physical	Relationship	Competence	Growth & Autonomy	Self-Expression	Interconnection	Contribution
Fulfilling	7%	13%	12%	15%	11%	8%	10%
Depleting	1%	5%	4%	4%	5%	3%	3%

Employee Experience

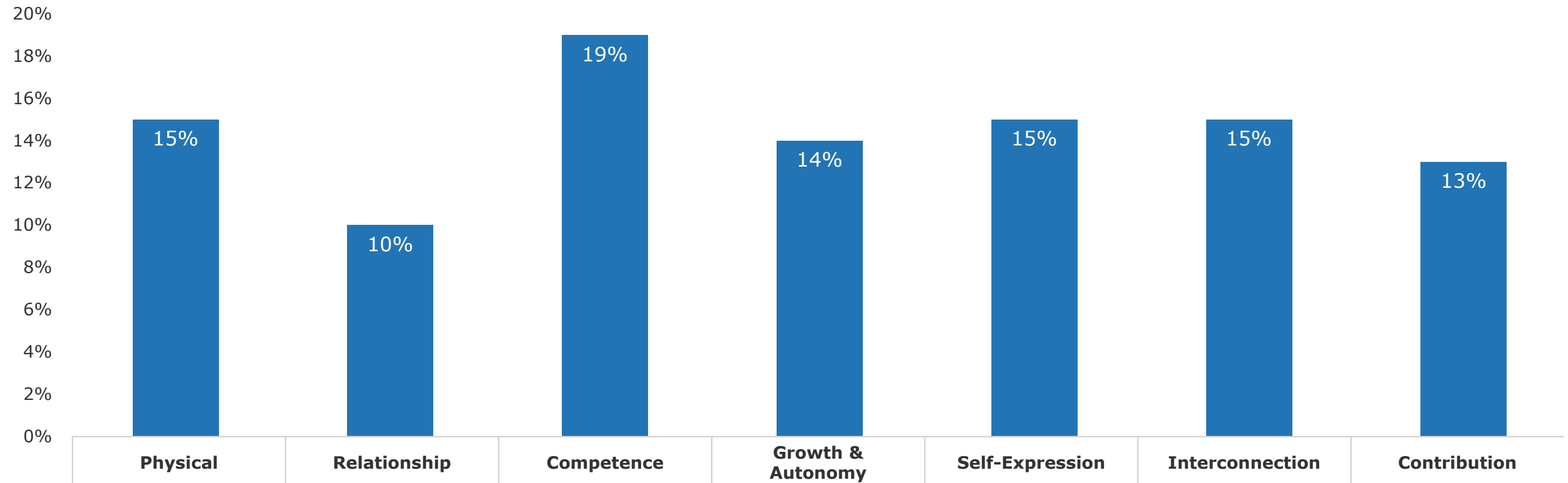
Wellbeing
31 participants

	Physical	Relationship	Competence	Growth & Autonomy	Self-Expression	Interconnection	Contribution
Fulfilling		supported (13)	productive (12) confident (10)	growing (11)	in the flow (10)	valued (10)	purposeful (11)
Depleting		disrespected (7) alone (4) unsupported (4)	confused (4) frustrated (4)	held back (5)	exhausted (9) guarded (4)		

Note: Numbers in parentheses indicate the number of votes for each feeling

Requests

Wellbeing
31 participants

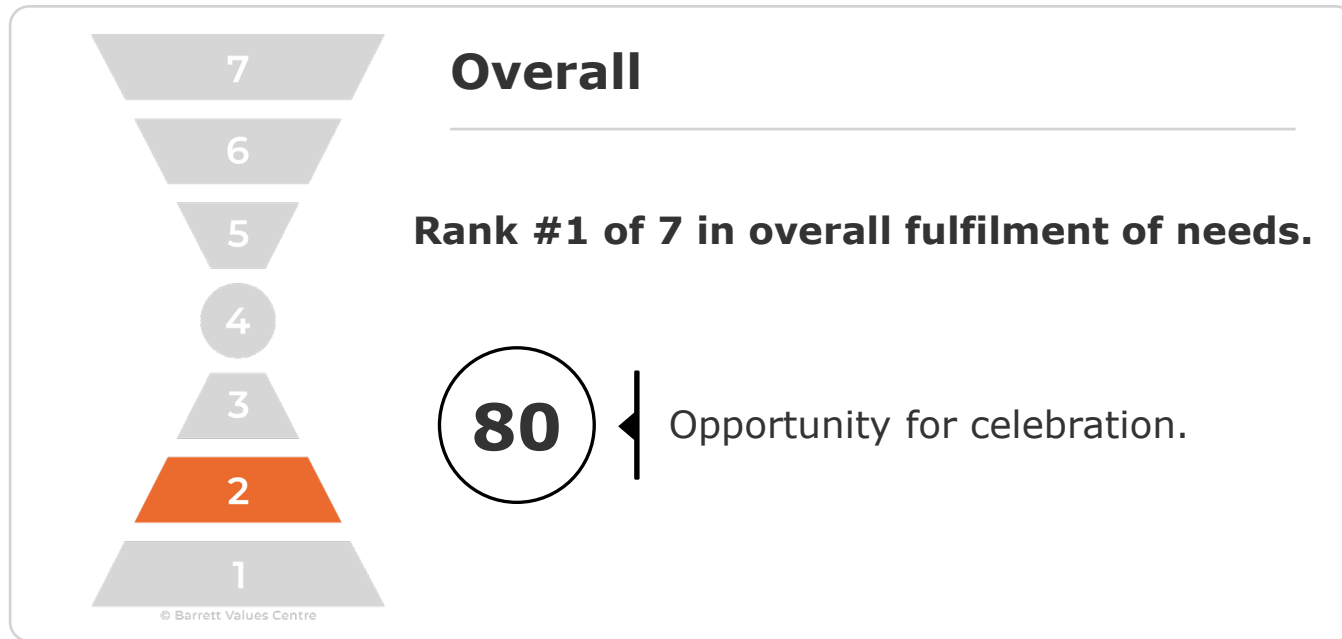


Requests	Physical	Relationship	Competence	Growth & Autonomy	Self-Expression	Interconnection	Contribution
	good pay & benefits (12)		clear goals & expectations (9) high quality products/ services (8)	development opportunities (9)			care for humanity/ planet (8)

Note: Numbers in parentheses indicate the number of votes for each request

Need Most Fulfilled: Relationship (Level 2)

Wellbeing
31 participants



Questions	Average	Distribution
I know people at work care about me.	4.00	
I would consider some of my colleagues to be my good friends.	3.74	
My supervisor cares about my personal needs.	4.03	

Strengths

14% ← Resources in the Work Environment

positive co-worker relationships	12
supportive manager	11
friendship	9
caring environment	7
welcoming atmosphere	4

Stressors

3% ← Stressors in the Work Environment

hostile work relationships	3
lack of care & support	3
difficult manager	2
impersonal interactions	2

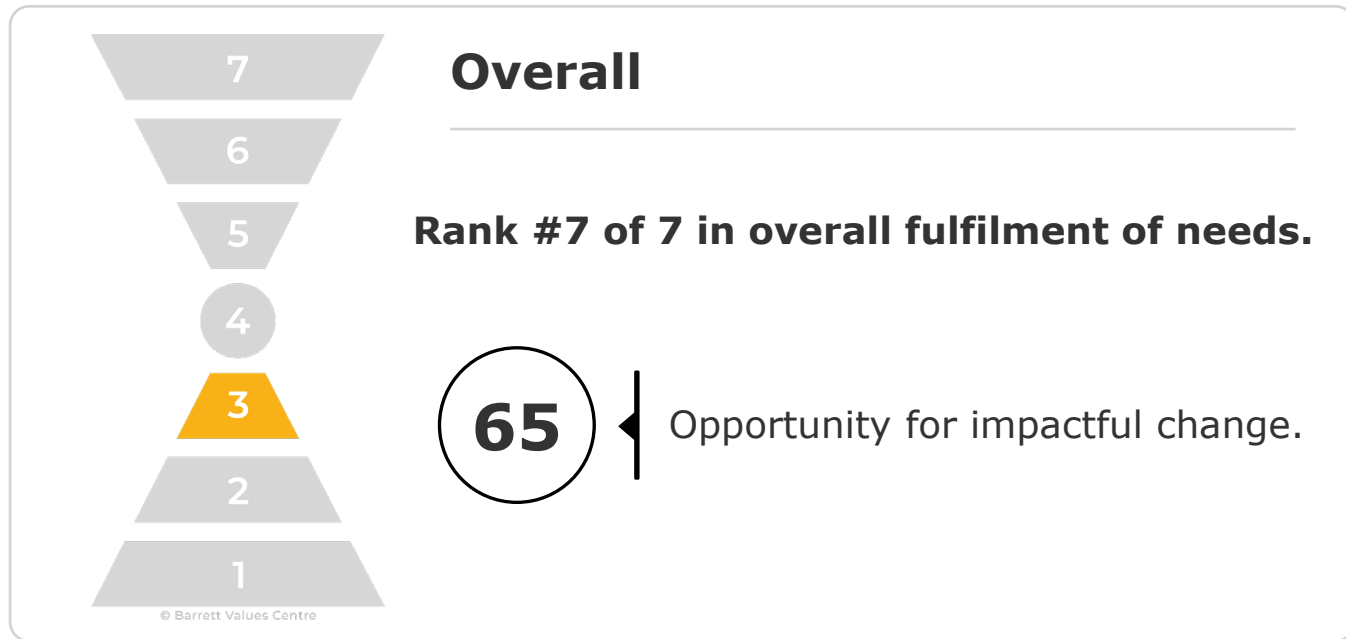
Requests

10% ← Requests for Greater Fulfilment

positive co-worker relationships	7
caring environment	3
supportive manager	3
friendship	2

Need Least Fulfilled: Competence (Level 3)

Wellbeing
31 participants



Questions	Average	Distribution
I know what is expected of me in my work role.	3.81	
I am very confident in my skills and abilities specific to my work role.	3.97	
I often feel a sense of accomplishment from my work.	3.77	

Strengths

7% ← Resources in the Work Environment

praise for good work	7
sense of accomplishment	6
high quality products/ services	5
clear goals & expectations	3
welcoming atmosphere	4

Stressors

4% ← Stressors in the Work Environment

lack of feedback	6
unclear or unrealistic expectations	4
insufficient training	3

Requests

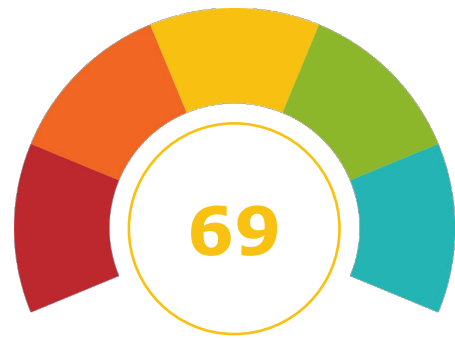
19% ← Requests for Greater Fulfilment

clear goals & expectations	9
high quality products/ services	8
quality job training	5
sense of accomplishment	5
praise for good work	2

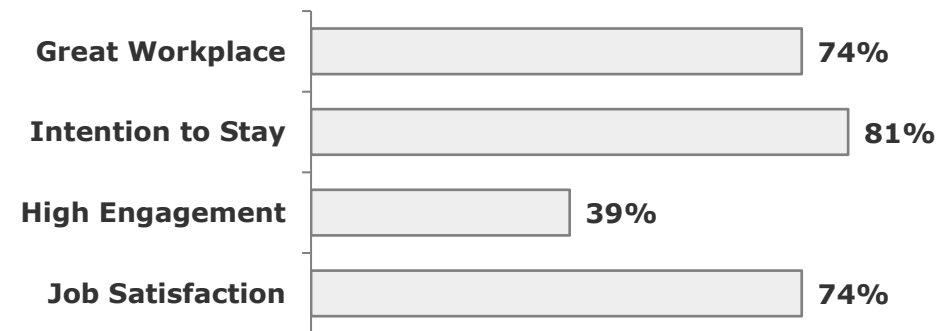
Employee Wellbeing Dashboard

Wellbeing
31 participants

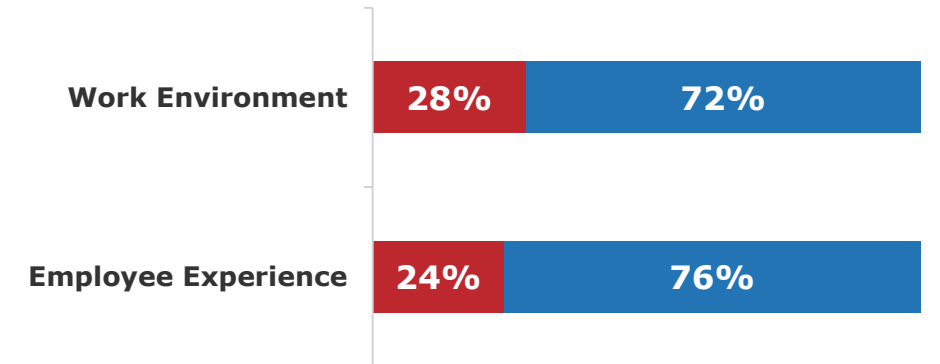
Wellbeing Score



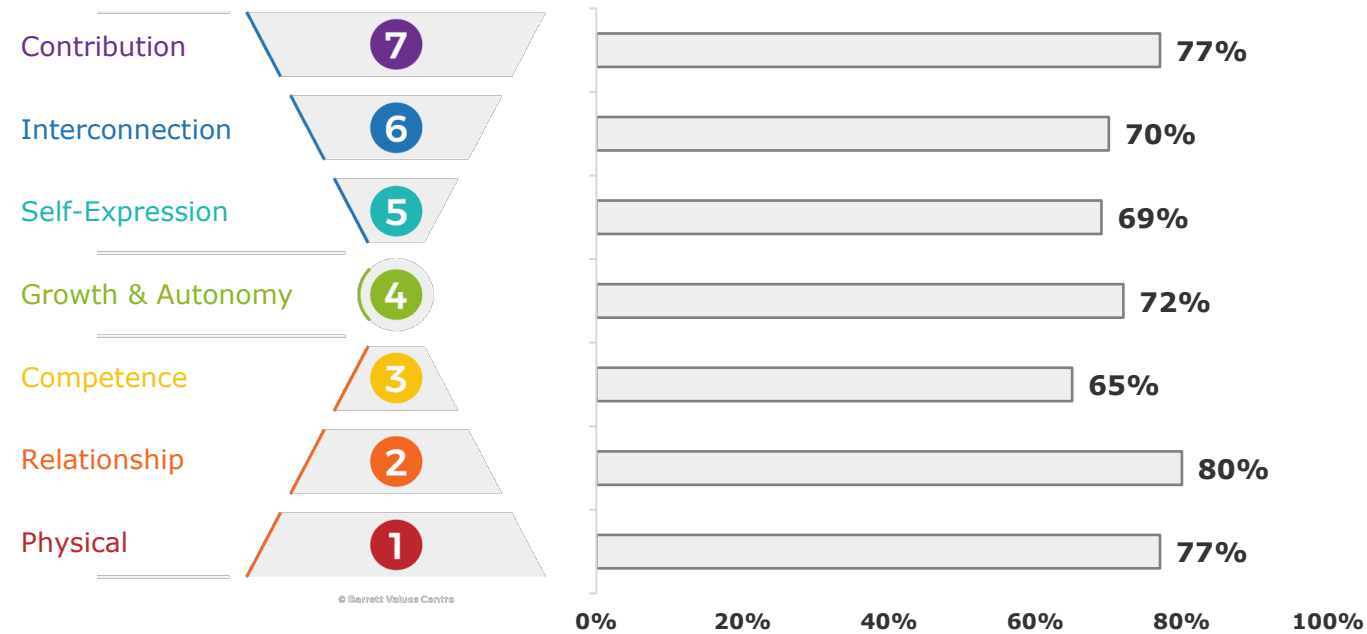
Organisational Outcomes



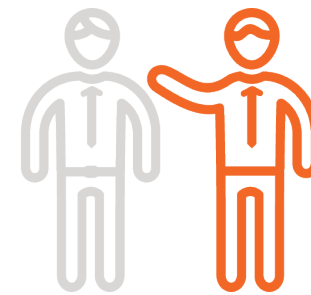
Work Environment & Employee Experience



Fulfillment of Needs



Most Fulfilled



Relationship
Opportunity for celebration.

Least Fulfilled



Competence
Opportunity for impactful change.